

Upper Primary EPS 2 - “Part of the Family”

1. Who is the primary caregiver at home?

- (Open-ended question)

2. Who is mainly responsible for household chores at home? How are the tasks divided?

- (Open-ended question)

3. As a family member, do you help with household chores? If so, what tasks do you help with?

- (Open-ended question)

4. Have you heard of “family-friendly practices”? How can we support families with different needs in daily life?

- Families with children, elderly members, or individuals with special needs may require additional support - both at work and in daily life - to help them provide care and alleviate the pressure they face.

For example, restaurants can implement family-friendly facilities and designs to enhance the dining experience for families with children. Examples include:

- Providing child-friendly tables and seats, such as height-adjustable tables
- Ensuring adequate space between seats to accommodate baby chairs or prams
- Offering family restrooms equipped with child-sized sanitary facilities
- Creating a designated area for children with toys

Workplaces can also promote family-friendly measures to help employees balance work and family responsibilities. Examples include:

- Flexible work arrangements (e.g., flexible working hours, remote work)
- Special leave policies to meet employees' family needs (e.g., parental leave, emergency family leave)
- Provide caring support for employees (e.g., child care service or allowing employees to bring children to work when necessary)

