

Equal Opportunity Youth Ambassador Scheme (2022-23)

Group Sharing and Reflection

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Multicultural Tour

Visiting cultural-historical and religious establishments, including the Blue House, the Pak Tai Temple, and the Sikh Temple









Sikh Temple

After spending time discovering the internal structure of the Sikh Temple while following part of the rituals, it was amazing to see the Sikhs welcoming us despite most of us are not followers of this religion. Considering the Sikhs are perceived as part of the ethnic minorities in Hong Kong, social inclusion should therefore be further emphasized, enabling the beauty of different religions to be promoted, which in return strengthens the multicultural atmosphere of Hong Kong.

Guide Dog School Visit

On that particular day, we got the opportunity to tour the guiding Dog School and gain a greater understanding of the establishment, guiding dogs, and trainers. We even have the ability to be with them while getting stimulated about being blind. Even some of the members got to stroll with a guiding dog.

The entire day's events had increased our understanding of blind persons in Hong Kong. Since only a small percentage of blind persons may receive a guide dog, it is crucial to offer assistance if necessary. The peaceful and inclusive atmosphere is then shaped.



Mentoring event

The insights shared by the EOC members have deepened our commitment to promoting equal opportunities among our peers and within the community to which we all belong

Their personal stories, perspectives, and ideas have inspired all of us to be an even stronger advocate for diversity and inclusion.

By spreading awareness, engaging in dialogue, and fostering a sense of belonging, we can create a society where equal opportunities are not just a goal, but a reality for all.



Sporting activities with athletes with disabilities

In this activity, I was able to experience the difficulties of running as a visually impaired person, and also to understand the soft skills required to lead visually impaired individuals in running.

Running with visually impaired individuals requires communication, teamwork, trust, adaptability, and inclusion. It's essential to use clear language to communicate changes and obstacles and to adapt your style to accommodate their needs. This promotes empathy and community and helps develop valuable skills. Therefore, running with visually impaired individuals promotes inclusion and physical fitness.





THANK YOU !!!